



SDSS Pittsburgh



March, 2018

In This Issue

- Spring
- Summer Camp
- Fall Demonstration Coming!
- Private Lessons – Spring Break

Visit us on the Web

sdsspgh.com



Facebook - like us at
[SDSSofPittsburgh](https://www.facebook.com/SDSSofPittsburgh)



Twitter @sdsspgh

Email

sdsspghpa@aol.com

Reminders:

Sick☹? Remember you can make up missed classes. Keep the dojo healthy!

- Belt Test Mar 13 Tigers
- Belt Test Mar 13 Dragons
- Belt Test Mar 9 Jr./Adults
- Note test day and time changes

Spring!



You know Spring is in the air when the bulbs start to break through the ground and the birds begin to sing. It's also a time of reflection and celebration as we move out of the frigid grasp of winter. So celebrate **St. Patrick's Day** with food, dancing, music and a lot of green. Take a deep breath and close your eyes as we recognize the **Spring Equinox** / the first day of Spring in the N. Hemisphere. In China we might send lanterns into the air with family and friends as we celebrate the **Lantern Festival** and end of the Chinese New Year Spring Festival. **Passover** starts this year on March 31 lasting 7-8 days and recognized as one of the most important Jewish holidays. **Cimburijada** or Festival of Scrambled Eggs is celebrated in Bosnia as a symbol of new life as the new season begins. In Japan, **Hanami** is the Cherry Blossom festival and people celebrate by having parties under the blossoming trees. And perhaps one of the most interesting spring festivals is **Holi** in India where the triumph of good over bad is celebrated by throwing colorful dyed powder onto each other, letting go of any past hardships. Hello Spring☺

Summer Camp 2018



Believe it or not, summer is right around the corner. And so is our annual Martial Arts and Leadership Summer Camp! This year it will run June 25-29 from 10:00am to 2:00pm. Students and non-students ages 8-14 are welcome to this popular venue. Learn a kung fu weapons form, hike in Frick Park, practice kung fu outdoors in the park, engage in a fun water battle, have a pizza party and even celebrate

Sunday Classes – Tigers and Dragons at 10:00 am

Jr. Adults/Adults 11:00am,

Adult Beginners 12:00 noon



Practice makes good form
Sign up for a private lesson
today!



Bring a friend – motivate
each other

*There are only two mistakes one can
make along the road to truth; not
going all the way and not starting*

-Buddha

with a few donuts! Campers bring a lunch and water bottle each day except Thursday and Friday. On Friday around 12:30 we will have a demonstration for family and friends! If you have any questions, please ask Master Steve.

Fall Demonstration Coming!



It's been a while since we had a tournament or demonstration so get ready for a big "get together" this fall! We anticipate some awesome performances of defensive techniques, forms, weapons and maybe even a sparring demonstration! This is for all students and their families, so make sure you get into the studio and practice over the summer. If you have something special you would like to perform, please talk to Master Steve or Master Lisa. More details later!

Spring Private Lessons



Going out of town for Spring Break? Schedule a private lesson for missed group classes (4). You can also do this ahead of time before a vacation break. And, it's not a bad idea before a big belt test! Schedule with Master Steve.

If you would like to stop receiving this email, please let us know at sdsspghpa@aol.com